



How to apply

Welcome to IHMH!

The decision to earn a degree is a defining moment in life. At IHMH, we know that and honor your commitment to the choice you'll be making.

IHMH offers an array of programs — everything from child psychology to an industrial psychology— programs that empower your future and lead to success. Here, you'll find an outstanding learning environment in our small batch sizes and an exceptionally qualified guide who combine academic and practitioner perspectives. Their gift is to inspire.

- ✓ IHMH has, since its inception in 2004, made rapid strides in providing quality education to students in India and abroad. The student enrollment has grown exponentially. Today, IHMH is one of the few largest and most sought after distance learning autonomous institutes for psychology.
- ✓ IHMH has pioneered several new concepts in distance education in India such as:
- ✓ Introduction of a "homogenized learning" methodology for all our programs, combining all the three forms of learning, namely, published/printed self learning material, e-learning and guide interaction & support.
- ✓ Introduction of highly interactive Learning support as a supplementary learning methodology to improve the understanding of concepts through case studies and practical examples, thereby bridging the gap between the book and the classroom.
- ✓ Online learning provides the students one stop shop for all the relevant information throughout their tenure at IHMH.
- ✓ IHMH provides all its students a unique personalized guide who will be assisting them throughout the course period. This along with additional collaboration services enables IHMH students to share information, keep in touch with each other, stay updated with latest happenings & interact in a professional manner.
- ✓ Online assignments provide students the flexibility and convenience to submit assignments at any time and receive immediate results and feedback.
- ✓ Open book examinations are conducted across India and abroad, throughout the year which provides students the ultimate convenience of appearing for the examinations.
- ✓ IHMH offers placement assistance to the students. IHMH only facilitates the placement process and does not guarantee placement. The manpower recruitment request received from the corporate is uploaded on the IHMH website for the benefit of the students.
- ✓ IHMH has a professionally managed Student Care Centre comprising of dedicated call operators and communication assistant/student counselors to provide student support service and prompt response to queries.
- ✓ IHMH follows grading system and appropriate credits are provided for the student work, enabling student to further their studies anywhere in the world.

Applying to college can be confusing, but it does not need to be. Yes—there are forms to complete, essays to write, deadlines to meet and many details that need to be covered as you make your way through the process. The information provided here on the IHMH website and the advice offered by our student advisors can help you stay organized and provide you with advice on how we use the different pieces of the application as we make admissions decisions.

We hope that the information you'll find here is helpful as you prepare to submit your application, but please let us know if you have questions or cannot find what you are looking for.

[Get started and apply now.](#)



The Undergraduate Application Process - 10 Steps to a Successful Application

1. LEARN ABOUT INSTITUTE OF HOLISTIC MENTAL HEALTH

IHMH has lots to offer! Explore our website to learn more about our institute, our outstanding academic programs, our student services, our research and much more.

2. CHOOSE A PROGRAM

There are more than 20 different programs to choose from at IHMH. Click on the Masters Programs or PG Diploma or Research program link to find the program that's right for you! Make sure you decide on a program of study prior to continuing the application process.

3. REVIEW THE MINIMUM ADMISSION REQUIREMENTS

Applicants will be considered for admission based on their graduate credentials and academic performance. A graduate in psychology is a must, applicant should have completed 10+2+3 years of study with psychology as major.

Applicant who has completed 10+2+3 years of study with different major has to complete the "**Certificate in psychology**" program at IHMH

4. REVIEW THE ENGLISH LANGUAGE REQUIREMENTS

Those who have studied their school / degree courses with English as the First or Second Language are directly eligible for admission.

Others have to prove their competency in English. English is the language of IHMH and external / distance learning students may use either British or American spelling conventions. All students must be competent in written English.

5. BE AWARE OF APPLICATION AND DOCUMENT DEADLINES

The applications are issued and collected throughout the year. IHMH is on a rolling admissions system. We will accept your application at any time. Batches fill quickly, however, and the sooner you apply the better your chances of reserving a spot, obtaining priority academic assistance and mentoring. Admissions are granted thrice in a year, during the months of February, June and October of each year.

6. CORRESPOND WITH THE STUDENT INCHARGE

As soon as you make the decision to get admitted, send your curriculum vitae to khan@ihmh.in and eligibility you will be assigned with a student service advisor who will guide you further with the admission process.

7. SUBMIT AN APPLICATION

The application for admission can be downloaded, completed and submitted through post or internet.

8. APPLICATION PACK

The application pack has to contain

- Completed and signed application form
- One essay about yourself
- One statement of purpose justifying your decision to join this specific course
- One curriculum vitae (including family, personal, educational, & general details)
- One photograph of high resolution.
- Photocopies of your certificate / degree transcripts
- Photocopies of your association memberships (if any)
- One Proof of identity (any government document like driving license or security card)
- Prescribed fee in the form of DD or Bank transfer

*translation required if the documents are in languages other than English



9. PAY THE COURSE FEE

The course fee has to be paid through DD or Bank transfer during the submission of Application Pack. At

Fee Payment Mode:

1. **For Indian Applicants:** At Par Cheque / Demand Draft has to be taken in the name of "Institute of Holistic Mental Health" payable at Tiruppur
2. **For Indian Applicants:** Demand Draft has to be taken in the name of "Institute of Holistic Mental Health" payable at Tiruppur
3. **For International Applicants:** The fee amount has to be transferred through "Bank transfer" and payment receipt has to be emailed (scanned copy). For more details email International Student Advisor at info@ihmh.in

10. AFTER YOU APPLY

For more details on what happens after you apply, please click on the following link:
Student life at IHMH

Visit [Downloads](#) to download application form and other supporting documents
If you can't find an answer to your particular query, contact us at khan@ihmh.in
