

Course Name	–	<b><u>POST GRADUATE DIPLOMA IN PSYCHOTHERAPY (COURSE NO – 96)</u></b>
Course Duration	–	12 months / One year / 24 credits / Maximum 14 Modules
Course Mode	–	Online / Downloadable & Reusable Materials / Guide Assisted
Course Structure	–	24cr / 15credit compulsory + 9credit optional (as per learners' selection)
Eligibility	–	10+2+ 3 Years + 2 Years PG in Psychology

**COMPULSORY MODULES - 15 CREDITS / 6 MODULES**

<b>PTY01 – ABNORMAL PSYCHOLOGY</b> – 3 credits / 45 days learning	<b>Deeper Understanding of Mental Health Issues</b>
<b>PTY02 – Psychotherapy</b> – 3 credits / 45 days learning	<b>Learning about the science and theories behind various psychotherapies</b>
<b>PTY03 – Psychotherapy Techniques A</b> – 3 credits / 45 days of learning	<b>Widely used ready to use Psychotherapy Techniques</b>
<b>PGD04 – Psychotherapy Techniques B</b> – 3 credits / 45 days of learning	<b>Advanced and most popular Psychotherapy techniques</b>
PGD05 - Pragmatism – 1 credit / 15 days of case work	15 cases will be solved using all the techniques, skills, therapies, and exercises learnt throughout the course.
PGD06 - Dissertation – 2 credits / 30 days of Inductive learning	Theoretical or empirical work on a selected topic with guide's assistance

**OPTIONAL MODULES – CHOOSE FIVE TO SEVEN MODULES FROM THE BELOW LIST TOTALLING 9 CREDITS**

PTY08 – COGNITIVE BEHAVIOUR THERAPY – 2 credits / 30 days	PTY13 – FAMILY THERAPY – 2 credits / 30 days of learning	PTY18 - Case Approach in Psychotherapy I – 2 credit / 30 days
PTY09 – SOLUTION FOCUSED BRIEF THERAPY – 2 credits	PTY14 – PERSON-CENTRED THERAPY – 2 credits / 30 days of learning	PTY19 – GESTALT THERAPY – 1 credit / 15 days of learning
PTY10 – INTEGRATIVE THERAPY – 2credits / 30 days of learning	PTY15 – RATIONAL EMOTIVE BEHAVIOUR THERAPY – 2 credits	PTY20 – COGNITIVE THERAPY – 1 credit / 15 days of learning
PTY11 – EXISTENTIAL THERAPY – 2 credits / 30 days of learning	PTY16 – DIALECTICAL BEHAVIOUR THERAPY – 2 credits / 30 days	PTY21 – TRANSACTIONAL ANALYSIS – 1 credit / 15 days of learning
PTY12 – EMOTION FOCUSED THERAPY – 2 credits / 30 days	PTY17 – ACCEPTANCE & COMMITMENT THERAPY – 2 credits	PTY22 – Case Approach in Psychotherapy II – 2 credits / 30 days
<b>Course Fee</b>	<b>Learners from India</b>	<b>Learners from other countries</b>
<b>Life Member of IHMH</b>	<b>Rs. 11, 300</b>	<b>\$400</b>
<b>Others</b>	<b>Rs. 12, 800</b>	<b>\$460</b>

For Admissions - To Know about Course details and Commencement dates Text or WhatsApp Course No and Your Email ID to 0091 979 00 88 002 or email us at info@imh.in / info@imh.co

**For other course details and course FAQ's visit relevant course page at our website**  
**[www.imh.in](http://www.imh.in) – [www.psychologyonline.in](http://www.psychologyonline.in)**