

Internship Training (UG)–	UG INTERNSHIP TRAINING IN APPLIED PSYCHOLOGY (CN 013)
Course Duration	– Customizable Online 12–30 Modules (as per learners' choice) Highly Interactive
Course Mode	– Online fixed scheduled interactive sessions with supporting learning materials
Course Structure	– 12–30 Modules – Fully Customizable – Trainer-Led Sessions – Daily / Weekly
Eligibility	– For Graduate students or Graduate degree holders (psy/msw/hd/allied /related)
Interactive Sessions	– 60min session/module (12–30 modules), scheduled weekly/daily as per learner's choice

- ✓ The internship course includes 12 mandatory modules and an additional set of 18+ optional modules. The prescribed course fee covers only the 12 mandatory modules.
- ✓ If you wish, you may choose any number of optional modules by paying the corresponding additional fee per module.
- ✓ Selecting optional modules is completely voluntary — you may also choose to complete only the 12 mandatory modules by paying just the standard course fee.

MANDATORY INTERNSHIP MODULE NAMES & SESSION BRIEF
ONE SESSION PER MODULE WITH REQUIRED LEARNING MATERIALS – SESSIONS SCHEDULED ON DAILY BASIS
OR WEEKLY OR AS PER LEARNER NEEDS

C.S_01	Introduction to Applied Psychology - Meaning, scope, difference from theoretical psychology.
C.S_02	Methods & Ethical Issues in Applied Psychology - Assessment, observation, applied ethics, confidentiality.
C.S_03	Application of Psychology in Education - Learning principles, motivation, classroom behaviour.
C.S_04	Application of Psychology in Health Settings - Health behaviours, adherence, lifestyle change.
C.S_05	Application of Psychology in Work & Organizations - Productivity, motivation, teamwork basics.
C.S_06	Application of Psychology in Counselling & Guidance - Helping processes, boundaries, psychoeducation.
C.S_07	Social Psychology Applications - Attitudes, persuasion, group influence.
C.S_08	Developmental Applications Across the Lifespan - Child, adolescent, adult, old-age applications.
C.S_09	Cognitive Psychology in Real-Life Contexts - Problem-solving, decision-making, memory use.
C.S_10	Psychological Assessment – UG Level - Purpose, ethics, types of tests (concept only).
C.S_11	Community Psychology Applications - Awareness, stigma reduction, prevention.
C.S_12	Cultural Context & Psychology in India - Family, norms, values, beliefs shaping behaviour.

OPTIONAL INTERNSHIP MODULE NAMES & SESSION BRIEF

If required, learners can opt for any or all these listed modules at an additional cost, apart from the course fee that includes the mandatory internship modules.

O.S_13	Psychology in Healthcare & Hospitals - Pain, stress, chronic illness coping.
O.S_14	School Psychology Applications - Learning difficulties, behaviour issues, classroom strategies.
O.S_15	Clinical Psychology – Applied Understanding - Assessment basics, mental health support, referral.
O.S_16	Counselling Psychology in Educational Institutions - Stress, anxiety, motivation support.
O.S_17	Industrial/Organizational Psychology – Applied Tools - Interviews, performance reviews, training.
O.S_18	Forensic Psychology – Introductory Concepts - Eyewitness memory, criminal behaviour theories
O.S_19	Sports Psychology – Practical Applications - Motivation, focus, confidence-building in athletes.
O.S_20	Media Psychology - Media influence, social media behaviour.
O.S_21	Consumer Psychology - Buying behaviour, branding, decision patterns.
O.S_22	Environmental Psychology - Crowding, noise, green spaces, sustainability.
O.S_23	Health Behaviour Change Models - Stages of change, habits, lifestyle modification.
O.S_24	Crisis Intervention – Safety, immediate steps, psychological first aid overview.
O.S_25	Behaviour Modification Principles in Real Life - Positive reinforcement, habit formation
O.S_26	Disability & Inclusion – Psychological Lens - Social inclusion, stigma, accessibility.
O.S_27	Community Mental Health Applications - Awareness programs, outreach, psychoeducation
O.S_28	Positive Psychology in Daily Living - Wellbeing, strengths, resilience.
O.S_29	Psychology in Digital Spaces - Online behaviour, cyberbullying, addiction patterns.
O.S_30	Teamwork & Interpersonal Skills in Applied Settings - Communication, conflict, collaboration.
O.S_31	Psychology of Leadership - Influence, emotional intelligence.
O.S_32	Applied Research in Psychology - Needs assessment, program evaluation.
O.S_33	Ethics & Professional Practice in Applied Fields - Integrity, competence, confidentiality.
O.S_37	Case Conference – Testing the learner with various cases / vignettes on learnt disorders

Course Fee	Learners from India	Learners from other countries
1:1 Guided Orientation via G Meet/Zoom with supporting learning materials	For 12 Sessions – ₹24,800 (India) From 13th session onward (if req) – ₹1800/session (up to 30 sessions)	For 12 Sessions – \$600 (Int'l) From 13th session onward (if req) – \$30/session (up to 30 sessions)
Email and Whats App Based	For 12 Sessions – ₹12,800 (India) From 13th session onward (if req) – ₹1,400/session (up to 30 sessions)	For 12 Sessions – \$400 (Int'l) From 13th session onward (if req) – \$20/session (up to 30 sessions)
For group registrations, whether from individual learners or via college departments, fees will be significantly reduced to make the course student-friendly		

For Admissions - To Know about Course details and Commencement dates, Text or WhatsApp Course No and Your Email ID to 0091 979 00 88 002 or email us at info@ihmh.in / info@ihmh.org

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