Course Name	–	**ADVANCED TRAINING IN EXPRESSIVE THERAPY TECHNIQUES (CN 073)**
Course Duration	–	12 months / 12 modules / 24 Credits / 24x7 Virtual Support / Assignment Based
Course Mode	–	Online/Downloadable & Reusable Materials /1:1 Sessions /Highly Interactive/Advanced
Course Structure	-	Interactive sessions /24x7 Virtual Support /Work Expertise Based/ Guide Assisted
Eligibility	-	10+2+3 Years or 15+2 Years (psychology/social work/human development/training)
Interactive Sessions	–	1 interactive session/module - 24/7 Guide Email Support - 24/7 Advisor Call Support

MODULE NAME AND NUMBER	MODULE BRIEF
07301 – ART THERAPY TECHNIQUES - I	Introduction to basic art-based methods for self-expression and healing.
07302 – ART THERAPY TECHNIQUES – II	Intermediate art techniques to explore emotions and thoughts creatively
07303 – ART THERAPY TECHNIQUES – III	Advanced art-based interventions for complex emotional needs
07304 – PLAY THERAPY TECHNIQUES - I	Fundamentals of play therapy to engage children in counselling.
07305 – PLAY THERAPY TECHNIQUES – II	Structured play-based methods for behavioural and emotional issues.
07306 – PLAY THERAPY TECHNIQUES – III	Advanced play therapy strategies for deeper therapeutic impact.
07307 – DANCE MOVEMENT THERAPY TECHNIQUES	Using movement and body expression to release emotions and build awareness.
07308 – DRAMA THERAPY TECHNIQUES	Roleplay and dramatic expression as tools for healing and self-discovery.
07309 – SAND TRAY THERAPY TECHNIQUES	Creative sand tray methods to explore subconscious thoughts and emotions.
07310 – CLAY THERAPY TECHNIQUES	Hands-on clay work to enhance emotional expression and regulation.
07311 – OUTDOOR THERAPY TECHNIQUES	Nature-based expressive interventions for relaxation and growth.
07312 – STORY TELLING TECHNIQUES	Therapeutic use of stories to process experiences and build resilience.

COURSE FEE	INDIAN LEARNERS	LEARNERS FROM OTHER COUNTRIES
Continuous Guide Email Support & 24/7 Student Advisor Call Support	**₹11,600**	**$280**
1:1 Guide Orientation Sessions - Continuous Guide Email Support & 24/7 Student Advisor Call Support	**₹24,600**	**$610**

For Admissions - To Know about Course details and Commencement dates, Text or WhatsApp Course No and Your Email ID to 0091 979 00 88 002 or email us at info@ihmh.in / info@ihmh.org

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