

Course Name	–	<b>ADVANCED TRAINING IN EXPRESSIVE THERAPY TECHNIQUES (CN 073)</b>
Course Duration	–	12 months / 12 modules / 24 Credits / 24x7 Virtual Support / Assignment Based
Course Mode	–	Online/Downloadable & Reusable Materials /1:1 Sessions /Highly Interactive/Advanced
Course Structure	-	Interactive sessions /24x7 Virtual Support /Work Expertise Based/ Guide Assisted
Eligibility	-	10+2+3 Years or 15+2 Years (psychology/social work/human development/training)
Interactive Sessions	–	2 interactive session/module - 24/7 Guide Email Support - 24/7 Advisor Call Support

<b>MODULE NAME AND NUMBER</b>	<b>MODULE BRIEF</b>	
<b>07301 – ART THERAPY TECHNIQUES - I</b>	Introduction to basic art-based methods for self-expression and healing.	
<b>07302 – ART THERAPY TECHNIQUES – II</b>	Intermediate art techniques to explore emotions and thoughts creatively	
<b>07303 – ART THERAPY TECHNIQUES – III</b>	Advanced art-based interventions for complex emotional needs	
<b>07304 – PLAY THERAPY TECHNIQUES - I</b>	Fundamentals of play therapy to engage children in counselling.	
<b>07305 – PLAY THERAPY TECHNIQUES – II</b>	Structured play-based methods for behavioural and emotional issues.	
<b>07306 – PLAY THERAPY TECHNIQUES – III</b>	Advanced play therapy strategies for deeper therapeutic impact.	
<b>07307 – DANCE MOVEMENT THERAPY TECHNIQUES</b>	Using movement and body expression to release emotions and build awareness.	
<b>07308 – DRAMA THERAPY TECHNIQUES</b>	Roleplay and dramatic expression as tools for healing and self-discovery.	
<b>07309 – SAND TRAY THERAPY TECHNIQUES</b>	Creative sand tray methods to explore subconscious thoughts and emotions.	
<b>07310 – CLAY THERAPY TECHNIQUES</b>	Hands-on clay work to enhance emotional expression and regulation.	
<b>07311 – OUTDOOR THERAPY TECHNIQUES</b>	Nature-based expressive interventions for relaxation and growth.	
<b>07312 – STORY TELLING TECHNIQUES</b>	Therapeutic use of stories to process experiences and build resilience.	
<b>COURSE FEE</b>	<b>INDIAN LEARNERS</b>	<b>LEARNERS FROM OTHER COUNTRIES</b>
<b>Continuous Guide Email Support &amp; 24/7 Student Advisor Call Support</b>	<b>₹10,600</b>	<b>\$250</b>
<b>1:1 Guide Orientation Sessions - Continuous Guide Email Support &amp; 24/7 Student Advisor Call Support</b>	<b>₹24,600</b>	<b>\$610</b>

**For Admissions - To Know about Course details and Commencement dates, Text or WhatsApp Course No and Your Email ID to 0091 979 00 88 002 or email us at [info@ihmh.in](mailto:info@ihmh.in) / [info@ihmh.org](mailto:info@ihmh.org)**

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