Course Name	–	**ADVANCED TRAINING IN APPLIED EXPRESSIVE THERAPIES (CN 074)**
Course Duration	–	12 months / 12 modules / 24 Credits / 24x7 Virtual Support / Assignment Based
Course Mode	–	Online/Downloadable & Reusable Materials /1:1 Sessions /Highly Interactive/Advanced
Course Structure	-	Interactive sessions /24x7 Virtual Support /Work Expertise Based/ Guide Assisted
Eligibility	-	10+2+3 Years or 15+2 Years (psychology/social work/human development/training)
Interactive Sessions	–	1 interactive session/module - 24/7 Guide Email Support - 24/7 Advisor Call Support

MODULE NAME AND NUMBER	MODULE BRIEF
07401 – ART THERAPY WITH CHILDREN	Creative art-based interventions to support children's emotional growth.
07402 – ART THERAPY WITH ADULTS	Art techniques to enhance self-expression and healing in adults.
07403 – PLAY THERAPY WITH CHILDREN	Play-based approaches to address behavioural and emotional issues in kids
07404 – PLAY THERAPY WITH ADULTS	Using play techniques to reduce stress, improve mood, and build resilience in adults.
07405 – PSYCHODRAMA	Role-play and enactment to explore feelings, conflicts, and relationships.
07406 – OUTDOOR THERAPY	Nature-based expressive methods for relaxation, insight, and healing.
07407 – APPLIED THEATRE THERAPY	Therapeutic theatre practices to process emotions and encourage self-discovery
07408 – CREATIVE ARTS AND PLAY THERAPY FOR ATTACHMENT PROBLEMS	Using art and play to strengthen bonds and address attachment difficulties.
07409 – USING ART, PLAY, METAPHOR & SYMBOL	Integrating symbolic and creative methods for deeper therapeutic exploration
07410 – USING STORIES, ART, AND PLAY	Storytelling blended with art and play to foster understanding and resilience.
07411 – EXPRESSIVE ART THERAPY CASE WORK – I	Practical case applications of expressive therapy techniques
07412 – EXPRESSIVE ART THERAPY CASE WORK – II	Advanced case practice in applying expressive therapy interventions

COURSE FEE	INDIAN LEARNERS	LEARNERS FROM OTHER COUNTRIES
Continuous Guide Email Support & 24/7 Student Advisor Call Support	**₹11,600**	**$280**
1:1 Guide Orientation Sessions - Continuous Guide Email Support & 24/7 Student Advisor Call Support	**₹24,600**	**$610**

For Admissions - To Know about Course details and Commencement dates, Text or WhatsApp Course No and Your Email ID to 0091 979 00 88 002 or email us at info@ihmh.in / info@ihmh.org

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