

Course Name	–	ADVANCED TRAINING IN GUIDANCE AND COUNSELLING (CN 077)
Course Duration	–	12 months / 12 modules / 24 Credits / 24x7 Virtual Support / Assignment Based
Course Mode	–	Online/Downloadable & Reusable Materials /1:1 Sessions /Highly Interactive/Advanced
Course Structure	-	Interactive sessions /24x7 Virtual Support /Work Expertise Based/ Guide Assisted
Eligibility	-	10+2+3 Years or 15+2 Years (psychology/social work/human development)
Interactive Sessions	–	1 interactive session/module - 24/7 Guide Email Support - 24/7 Advisor Call Support

MODULE NAME AND NUMBER		MODULE BRIEF
07701 – COUNSELLING SKILLS		Builds essential listening, empathy, and communication skills for effective counselling.
07702 – COUNSELLING PROCESS		Covers the step-by-step framework of professional counselling practice.
07703 – GUIDANCE & COUNSELLING		Explores the principles and scope of guidance alongside counselling approaches.
07704 – CASE FORMULATION & TREATMENT PLANNING		Teaches how to assess client concerns and design structured intervention plans
07705 – COUNSELLING TECHNIQUES 01		Introduces foundational counselling methods and strategies.
07706 – COUNSELLING TECHNIQUES 02		Focuses on advanced counselling methods for complex client issues.
07707 – GROUP COUNSELLING		Examines strategies and dynamics of counselling within group settings.
07708 – PERSONAL COUNSELLING		Addresses individual concerns through one-on-one counselling approaches.
07709 – CAREER COUNSELLING		Guides clients in exploring career options, skills, and decision-making.
07710 – WELLNESS COUNSELLING		Promotes overall well-being through lifestyle and mental health counselling.
07711 – GREIF COUNSELLING		Provides techniques to help clients cope with loss and bereavement.
07712 – CRISIS COUNSELLING		Equips learners to handle urgent and high-stress situations effectively.
COURSE FEE	INDIAN LEARNERS	LEARNERS FROM OTHER COUNTRIES
Continuous Guide Email Support & 24/7 Student Advisor Call Support	₹11,600	\$280
1:1 Guide Orientation Sessions - Continuous Guide Email Support & 24/7 Student Advisor Call Support	₹24,600	\$610

For Admissions - To Know about Course details and Commencement dates, Text or WhatsApp Course No and Your Email ID to 0091 979 00 88 002 or email us at info@ihmh.in / info@ihmh.org

Institute Of Holistic Mental Health @ www.imh.in @ www.ihmh.in