

Course Name	–	POST GRADUATE TRAINING IN SCHOOL COUNSELLING (CNO 083)
Course Duration	–	12 months / 36 credits / Total 12 Modules / 24x7 Virtual Support
Course Mode	–	Online / Downloadable & Reusable Materials / Guide Assisted / Practice Based
Course Structure	–	12credits compulsory + 24credits optional (as per learner’s selection)/Advanced
Eligibility	–	10+2+3 or 15+2 Years (psychology/social work/human development)
Interaction	-	24/7 Advisor Call Support – 24/7 Guide Email Support / Self-paced or Scheduled

COMPULSORY MODULES - 12CREDITS / 4 MODULES / 4 MONTHS

08301 – SCHOOL COUNSELLING – 3 credits / 30 days learning	Basics of counselling support for students in school settings.
08302 – SCHOOL MENTAL HEALTH ISSUES – 3 credits / 30 days learning	Understanding and managing common mental health concerns in schools.
08303 - SCHOOL COUNSELLING TECHNIQUES A – 3 credits / 30 days	Practical techniques for effective school counselling practice.
08304 – SCHOOL COUNSELLING TECHNIQUES B – 3 credits / 30 days	Advanced methods and strategies in school counselling.

OPTIONAL MODULES - CHOOSE 08 MODULES FROM THE BELOW LIST
(03 CREDITS/ MODULE/ 30 DAYS OF LEARNING - 08 MONTHS – 08 MODULES – 24 CREDITS)

08300 - Psychology – 3 credits/ 30 days of learning	<i>This module is compulsory only for learners without a prior psychology background. It introduces key concepts such as psychological theories, memory, cognition, and learning.</i>	
08308 – BEHAVIOUR INTERVENTIONS	08313 – INTERVIEWING CHILDREN	08318 – GROUP COACHING AND COUNSELLING
08309 – ACADEMIC INTERVENTIONS	08314 – COUNSELLING FOR BULLYING	08319 – COUNSELLING FOR ADDICTION
08310 – COPING INTERVENTIONS	08315 – COUNSELLING FOR BEHAVIOUR ISSUES	08320 – COUNSELLING FOR SELF-INJURY
08311 – COUNSELLING CHILDREN	08316 - COUNSELLING FOR ACADEMIC ISSUES	08321 – COUNSELLING FOR RELATIONSHIP ISSUES
08312 – COUNSELLING ADOLESCENTS	08317 – COUNSELLING FOR FAMILY ISSUES	08322 – LIFE SKILLS EMPOWERMENT
Course Fee	Learners from India	International Learners
Life Member of IHMH	Rs. 11, 800	\$260
Others	Rs. ₹12,800	\$300

For Admissions - To Know about Course details and Commencement dates, Text or WhatsApp Course No and Your Email ID to 0091 979 00 88 002 or email us at info@ihmh.in / info@ihmh.org