

Course Name	–	POST GRADUATE TRAINING IN CHILD COUNSELLING (CNO 086)
Course Duration	–	12 months / 36 credits / Total 12 Modules / 24x7 Virtual Support
Course Mode	–	Online / Downloadable & Reusable Materials / Guide Assisted / Practice Based
Course Structure	–	12credits compulsory + 24credits optional (as per learner’s selection)/Advanced
Eligibility	–	10+2+3 or 15+2 Years (psychology/social work/human development)
Interaction	-	24/7 Advisor Call Support – 24/7 Guide Email Support / Self-paced or Scheduled

COMPULSORY MODULES - 12 CREDITS / 4 MODULES / 4 MONTHS

08601 – CHILD COUNSELLING – 3 credits / 30 days learning	Introduction to counselling approaches for children
08602 – MENTAL HEALTH DISORDERS & ISSUES – 3 credits / 30 days learning	Identifying and addressing child mental health concerns.
08603 - CHILD COUNSELLING PROCESS &SKILLS – 3 credits / 30 days of learning	Core processes and essential skills in child counselling.
08604 – INTERVIEWING AND ASSESSING – 3 credits / 30 days of learning	Techniques for interviewing and assessing children effectively.

OPTIONAL MODULES - CHOOSE 8 MODULES FROM THE BELOW LIST

(03 CREDITS/ MODULE/ 30 DAYS OF LEARNING - 08 MONTHS – 08 MODULES – 24 CREDITS)

08600 - Psychology – 3 credits/ 30 days of learning	<i>This module is compulsory only for learners without a prior psychology background. It introduces key concepts such as psychological theories, memory, cognition, and learning.</i>	
08608 – RECOGNIZING MENTAL HEALTH ISSUES	08613 – BEHAVIOUR INTERVENTIONS	08618 – COUNSELLING KIDS (CASE APPROACH)
08609 – ART THERAPY INTERVENTIONS	08614 – ACADEMIC INTERVENTIONS	08619 – COUNSELLING TWEENS (CASE APPROACH)
08610 – PLAY THERAPY INTERVENTIONS	08615 – COUNSELLING TECHNIQUES MIXED	08620 – COUNSELLING TEENS (CASE APPROACH)
08611 – CAREER COUNSELLING	08616 – EXECUTIVE SKILLS	08621 – LEARNING DISABILITIES
08612 – COGNITIVE BEHAVIOUR THERAPY INTERVENTIONS	08617 – COUNSELLING SPECIAL KIDS	08622 – DIALECTICAL BEHAVIOUR THERAPY INTERVENTIONS
Course Fee	Learners from India	International Learners
Life Member of IHMH	Rs. 11, 800	\$260
Others	Rs. ₹12,800	\$300

For Admissions - To Know about Course details and Commencement dates, Text or WhatsApp Course No and Your Email ID to 0091 979 00 88 002 or email us at info@ihmh.in / info@ihmh.org