

Course Name	–	POST GRADUATE TRAINING IN SPIRITUAL PSYCHOLOGY (CNO 088)
Course Duration	–	12 months / 36 credits / Total 12 Modules / 24x7 Virtual Support
Course Mode	–	Online / Downloadable & Reusable Materials / Guide Assisted / Practice Based
Course Structure	–	12credits compulsory + 24credits optional (as per learner’s selection)/Advanced
Eligibility	–	10+2+3 or 15+2 Years (psychology/social work/human development/training)
Interaction	-	24/7 Advisor Call Support – 24/7 Guide Email Support / Self-paced or Scheduled

COMPULSORY MODULES - 12 CREDITS / 4 MODULES / 4 MONTHS

08801 – SPIRITUAL PSYCHOLOGY - A – 3 credits / 30 days of learning	Introduces foundations of spiritual psychology and its principles.
08802 – SPIRITUAL PSYCHOLOGY - B – 3 credits / 30 days of learning	Explores advanced concepts and applications in spiritual psychology.
08803 – TRANSPERSONAL PSYCHOLOGY – 3 credits / 30 days of learning	Focuses on higher states of consciousness and self-transcendence.
08804 – PSYCHOLOGY OF MEDITATION – 3 credits / 30 days of learning	Examines meditation practices and their psychological benefits.

OPTIONAL MODULES - CHOOSE 8 MODULES FROM THE BELOW LIST
(03 CREDITS/ MODULE/ 30 DAYS OF LEARNING - 08 MONTHS – 08 MODULES – 24 CREDITS)

08800 - Psychology – 3 credits/ 30 days of learning	<i>This module is compulsory only for learners without a prior psychology background. It introduces key concepts such as psychological theories, memory, cognition, and learning.</i>	
08808 – SPIRITUAL INTELLIGENCE	08813 – INTERPERSONAL CONFLICT	08818 – MINDFULNESS
08809 – WELLNESS COUNSELLING	08814 – INTERPERSONAL COMMUNICATION	08819 – CRITICAL DECISION MAKING
08810 – INTEGRATING SPIRITUALITY INTO COUNSELING	08815 – BRAIN, MIND, SOUL AND SPIRIT	08820 – CASE MODULES – FOR SELF EMPOWERMENT
08811 – SPIRITUALITY AND EMOTIONAL INTELLIGENCE	08816 - POSITIVE PSYCHOLOGY INTERVENTIONS	08821 – MOTIVATIONAL INTERVIEWING
08812 – REFLECTIVE PRACTICE	08817 – HAPPINESS	08822 – SPIRITUAL COUNSELLING
Course Fee	Learners from India	International Learners
Life Member of IHMH	Rs. 11, 800	\$260
Others	Rs. ₹12,800	\$300

For Admissions - To Know about Course details and Commencement dates, Text or WhatsApp Course No and Your Email ID to 0091 979 00 88 002 or email us at info@ihmh.in / info@ihmh.org

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