

Course Name	–	POST GRADUATE TRAINING IN FAMILY MARITAL COUPLE COUNSELLING
Course Duration	–	12 months / 36 credits / Total 12 Modules / 24x7 Virtual Support / CNO 89
Course Mode	–	Online / Downloadable & Reusable Materials / Guide Assisted / Practice Based
Course Structure	–	12credits compulsory + 24credits optional (as per learner’s selection)/Advanced
Eligibility	–	10+2+3 or 15+2 Years (psychology/social work/human development/health)
Interaction	-	24/7 Advisor Call Support – 24/7 Guide Email Support / Self-paced or Scheduled

COMPULSORY MODULES - 12 CREDITS / 4 MODULES / 4 MONTHS

08901 – FAMILY COUNSELLING – 3 credits / 30 days of learning	Explores principles, approaches, and practices in family counselling.
08902 – COUPLE AND MARITAL COUNSELLING – 3 credits / 30 days	Focuses on counselling techniques for couples and marital relationships
08903 - FAMILY, MARITAL AND COUPLE THERAPY STRATEGIES & TECHNIQUES - I – 3 credits / 30 days of learning	Introduces core therapeutic methods for family and couple therapy.
08904 – FAMILY, MARITAL AND COUPLE THERAPY STRATEGIES & TECHNIQUES - II – 3 credits / 30 days of learning	Covers advanced tools and applications for effective counselling practice.

OPTIONAL MODULES - CHOOSE 10 MODULES FROM THE BELOW LIST

(03 CREDITS/ MODULE/ 30 DAYS OF LEARNING - 08 MONTHS – 08 MODULES – 24 CREDITS)

08900 - Psychology – 3 credits/ 30 days of learning	<i>This module is compulsory only for learners without a prior psychology background. It introduces key concepts such as psychological theories, memory, cognition, and learning.</i>	
08908 –FMC COUNSELLING PROCESS	08913 – ADVANCED COUNSELLING TECHNIQUES	08918 – COUPLE ISSUES (CASE APPROACH)
08909 – FMC COUNSELLING SKILLS	08914 – RELATIONSHIP TRAINING	08919 – FAMILY THERAPY PRACTICE
08910 – PSYCHOANALYTIC COUPLE THERAPY	08915 – SHORT TERM COUPLE THERAPY	08920 – MARITAL CONFLICTS (CASE APPROACH)
08911 – INTERPERSONAL RELATIONSHIPS	08916 - MEDIATION PROCESS	08921 – FAMILY ISSUES (CASE APPROACH)
08912 – FAMILY THERAPY INTERVENTIONS	08917 – EMOTION FOCUSED COUPLE THERAPY	08922 – ASSESSMENT IN COUPLE AND FAMILY THERAPY
Course Fee	Learners from India	International Learners
Life Member of IHMH	Rs. 11, 800	\$260
Others	Rs. ₹12,800	\$300

For Admissions - To Know about Course details and Commencement dates, Text or WhatsApp Course No and Your Email ID to 0091 979 00 88 002 or email us at info@ihmh.in / info@ihmh.org