

Course Name	–	POST GRADUATE TRAINING IN NEURO LINGUISTIC PROGRAMMING (CNO 095)
Course Duration	–	12 months / 36 credits / Total 12 Modules / 24x7 Virtual Support
Course Mode	–	Online / Downloadable & Reusable Materials / Guide Assisted / Practice Based
Course Structure	–	12credits compulsory + 24credits optional (as per learner’s selection)/Advanced
Eligibility	–	10+2+3 or 15+2 Years (psychology/social work/hd/training/mgt/hr)
Interaction	-	24/7 Advisor Call Support – 24/7 Guide Email Support / Self-paced or Scheduled

COMPULSORY MODULES - 12 CREDITS / 4 MODULES / 4 MONTHS

09501 – COUNSELLING SKILLS – 3 credits / 30 days of learning	Builds essential communication and helping skills for effective counselling.
09502 – COUNSELLING PROCESS – 3 credits / 30 days of learning	Covers structured steps and approaches in the counselling journey.
09503 – COACHING AND MENTORING – 3 credits / 30 days of learning	Introduces guidance methods to support personal and professional growth.
09504 – NEURO LINGUISTIC PROGRAMMING – 3 credits / 30 days of learning	Focuses on NLP principles, techniques, and applications in practice.

OPTIONAL MODULES - CHOOSE 08 MODULES FROM THE BELOW LIST
(03 CREDITS/ MODULE/ 30 DAYS OF LEARNING - 08 MONTHS – 08MODULES – 24CREDITS)

09500 - Psychology – 3 credits/ 30 days of learning	<i>This module is compulsory only for learners without a prior psychology background. It introduces key concepts such as psychological theories, memory, cognition, and learning.</i>	
09508 – NLP TECHNIQUE’S PART 1	09513 – NLP COACHING	09518 – CASE MODULES – NLP FOR PHOBIA
09509 – NLP TECHNIQUE’S PART 2	09514 – NLP TOOLS	09519 – CASE MODULES – NLP FOR MANAGEMENT
09510 – NLP SKILLS	09515 – MODELLING	09520– CASE MODULES – NLP FOR SELF EMPOWERMENT
09511 – NLP & SOCIAL INTELLIGENCE	09516 - BRIEF NLP	09521 – MOTIVATIONAL INTERVIEWING
09512 – NLP FOR BUSINESS	09517 – NLP AT WORK	09522– CASE MODULES – NLP FOR GENERAL ISSUES
Course Fee	Learners from India	International Learners
Life Member of IHMH	Rs. 11, 800	\$260
Others	Rs. ₹12,800	\$300

For Admissions - To Know about Course details and Commencement dates, Text or WhatsApp Course No and Your Email ID to 0091 979 00 88 002 or email us at info@ihmh.in / info@ihmh.org