

Course Name	–	POST GRADUATE DIPLOMA IN SCHOOL COUNSELLING (CNO 483)
Course Duration	–	12 months / 48 credits / Maximum 15 Modules / 24x7 Virtual Support
Course Mode	–	Online / Downloadable & Reusable Materials / Guide Assisted / Interactive
Course Structure	–	21 credits compulsory + 27 credits optional (as per learner's selection)/Advanced
Eligibility	–	10+2+3 or 15+2 Years (social work/management/psychology/hr/training/hd/edu)
Interaction	-	24/7 Advisor Call Support – 24/7 Guide Email Support / Self-paced or Scheduled

COMPULSORY MODULES - 21 CREDITS / 6 MODULES / 5 MONTHS

48301 – SCHOOL COUNSELLING – 4 credits / 30 days learning	Basics of counselling support for students in school settings.
48302 – SCHOOL MENTAL HEALTH ISSUES – 4 credits / 30 days learning	Understanding and managing common mental health concerns in schools.
48303 – SCHOOL COUNSELLING TECHNIQUES A – 4 credits / 30 days of learning	Practical techniques for effective school counselling practice.
48304 – SCHOOL COUNSELLING TECHNIQUES B – 4 credits / 30 days of learning	Advanced methods and strategies in school counselling.
48305 - PRAGMATISM – CASE WORK – 2 credit / 10 days of learning	Engage in practical case work to apply theory in real-life settings. This module enhances your confidence and professional skills.
48306 - DISSERTATION – 3 credit / 20 days of Inductive learning	Compiled work on a selected topic with guidance from a mentor. This module demonstrates the expertise and knowledge gained throughout the course.

OPTIONAL MODULES - CHOOSE ANY NINE MODULES FROM THE BELOW LIST - TOTALLING 27 CREDITS

48397 - Psychology – 3 credits/ 23 days of learning	<i>Compulsory in optional only for those who do not have a previous psychology background. Knowledge about various theories of psychology, memory, cognition, learning etc.,</i>	
48308– BEHAVIOUR INTERVENTIONS	48313 – INTERVIEWING CHILDREN	48318 – COUNSELLING CHILDREN
48309 – ACADEMIC INTERVENTIONS	48314-LIFE SKILLS EMPOWERMENT	48319 – COUNSELLING FOR ADDICTION
48310 – COPING INTERVENTIONS	48315 – COUNSELLING FOR BEHAVIOUR ISSUES	48320 – COUNSELLING FOR SELF-INJURY
48311 – GROUP COACHING AND COUNSELLING	48316 – COUNSELLING FOR ACADEMIC ISSUES	48321 – COUNSELLING FOR RELATIONSHIP ISSUES
48312 – COUNSELLING ADOLESCENTS	48317 – COUNSELLING FOR FAMILY ISSUES	48322 – CAREER GUIDANCE & COUNSELLING IN SCHOOL SETTINGS
48323 – CRISIS MANAGEMENT & PSYCHOLOGICAL FIRST AID IN SCHOOLS	48324 – SPECIAL NEEDS IDENTIFICATION & SUPPORT STRATEGIES	48325 – EMOTIONAL INTELLIGENCE TRAINING FOR STUDENTS
48326 – MINDFULNESS & STRESS MANAGEMENT FOR STUDENTS	48327 – COUNSELLING FOR BULLYING	48328 – SCHOOL COUNSELLING DOCUMENTATION & REPORTING
Course Fee	Learners from India	International Learners
Life Member of IHMH	₹15,200	\$530
Others	₹16,800	\$600

For Admissions -

To Know about Course details and Commencement dates, Text or WhatsApp Course No and Your Email ID to 0091 979 00 88 002 or email us at info@ihmh.in / info@ihmh.org

Institute of Holistic Mental Health @ www.imh.in @ www.ihmh.in