

Course Name	–	<b>POST GRADUATE DIPLOMA IN CHILD COUNSELLING (CNO 486)</b>
Course Duration	–	12 months / 48 credits / Maximum 15 Modules / 24x7 Virtual Support
Course Mode	–	Online / Downloadable & Reusable Materials / Guide Assisted / Interactive
Course Structure	–	21 credits compulsory + 27 credits optional (as per learner's selection)/Advanced
Eligibility	–	10+2+3 or 15+2 Years (social work/management/psychology/hr/training/hd/edu)
Interaction	-	24/7 Advisor Call Support – 24/7 Guide Email Support / Self-paced or Scheduled

**COMPULSORY MODULES - 21 CREDITS / 6 MODULES / 5 MONTHS**

<b>48601 – CHILD COUNSELLING</b> – 4 credits / 30 days learning	<b>Introduction to counselling approaches for children</b>
<b>48602 – MENTAL HEALTH DISORDERS &amp; ISSUES</b> – 4 credits / 30 days learning	<b>Identifying and addressing child mental health concerns.</b>
<b>48603 - CHILD COUNSELLING PROCESS &amp; SKILLS</b> – 4 credits / 30 days of learning	<b>Core processes and essential skills in child counselling.</b>
<b>48604 – INTERVIEWING AND ASSESSING</b> – 4 credits / 30 days of learning	<b>Techniques for interviewing and assessing children effectively.</b>
<b>48605 - PRAGMATISM – CASE WORK</b> – 2 credit / 10 days of learning	<b>Engage in practical case work to apply theory in real-life settings. This module enhances your confidence and professional skills.</b>
<b>48606 - DISSERTATION</b> – 3 credit / 20 days of Inductive learning	<b>Compiled work on a selected topic with guidance from a mentor. This module demonstrates the expertise and knowledge gained throughout the course.</b>

**OPTIONAL MODULES - CHOOSE ANY NINE MODULES FROM THE BELOW LIST - TOTALLING 27 CREDITS**

<b>48697 - Psychology</b> – 3 credits/ 23 days of learning	<i>Compulsory in optional only for those who do not have a previous psychology background. Knowledge about various theories of psychology, memory, cognition, learning etc.,</i>	
<b>48608 – RECOGNIZING MENTAL HEALTH ISSUES</b>	<b>48613 – BEHAVIOUR INTERVENTIONS</b>	<b>48618 – COUNSELLING KIDS (CASE APPROACH)</b>
<b>48609 – ART THERAPY INTERVENTIONS</b>	<b>48614 – ACADEMIC INTERVENTIONS</b>	<b>48619 – COUNSELLING TWEENS (CASE APPROACH)</b>
<b>48610 – PLAY THERAPY INTERVENTIONS</b>	<b>48615 – COUNSELLING TECHNIQUES MIXED</b>	<b>48620 – COUNSELLING TEENS (CASE APPROACH)</b>
<b>48611 – DIALECTICAL BEHAVIOUR THERAPY INTERVENTIONS</b>	<b>48616 – Executive Skills</b>	<b>48621 – COUNSELLING SPECIAL KIDS</b>
<b>48612 – COGNITIVE BEHAVIOUR THERAPY INTERVENTIONS</b>	<b>48617 – Learning Disabilities</b>	<b>48622 – CAREER COUNSELLING</b>
<b>48623 – TRAUMA-INFORMED CHILD COUNSELLING</b>	<b>48624 – SOCIAL SKILLS TRAINING FOR CHILDREN</b>	<b>48625 – MINDFULNESS &amp; RELAXATION FOR CHILDREN</b>
<b>48626 – PARENT–CHILD COUNSELLING STRATEGIES</b>	<b>48627 – EMOTIONAL REGULATION TRAINING</b>	<b>48628 – DOCUMENTATION &amp; CASE REPORTING IN CHILD COUNSELLING</b>
<b>Course Fee</b>	<b>Learners from India</b>	<b>International Learners</b>
<b>Life Member of IHMH</b>	<b>₹ 15,200/-</b>	<b>\$530</b>
<b>Others</b>	<b>₹ 16,800/-</b>	<b>\$600</b>

For Admissions -

To Know about Course details and Commencement dates, Text or WhatsApp Course No and Your Email ID to 0091 979 00 88 002 or email us at info@ihmh.in / info@ihmh.org

**Institute of Holistic Mental Health @ [www.imh.in](http://www.imh.in) @ [www.imh.in](http://www.imh.in)**