Course Name	–	**POST GRADUATE DIPLOMA IN SPIRITUAL PSYCHOLOGY (CNO 488)**
Course Duration	–	12 months / 48 credits / Maximum 15 Modules / 24x7 Virtual Support
Course Mode	–	Online / Downloadable & Reusable Materials / Trainer-Led 15 One-to-One Live Sessions
Course Structure	–	21 credits compulsory + 27 credits optional (as per learner's selection)/Advanced
Eligibility	–	10+2+3 or 15+2 Years (social work/management/psychology/hr/training/hd/edu)
Interaction	-	24/7 Advisor Call Support – 24/7 Guide Email Support / Self-paced or Scheduled

COMPULSORY MODULES - 21 CREDITS / 6 MODULES / 5 MONTHS

48801 – SPIRITUAL PSYCHOLOGY - A – 4 credits / 30 days learning	Introduces foundations of spiritual psychology and its principles.
48802 – SPIRITUAL PSYCHOLOGY - B – 4 credits / 30 days learning	Explores advanced concepts and applications in spiritual psychology.
48803 - TRANSPERSONAL PSYCHOLOGY – 4 credits / 30 days of learning	Focuses on higher states of consciousness and self-transcendence.
48804 – PSYCHOLOGY OF MEDITATION – 4 credits / 30 days of learning	Examines meditation practices and their psychological benefits.
48805 - PRAGMATISM – CASE WORK – 2 credit / 10 days of learning	Engage in practical case work to apply theory in real-life settings. This module enhances your confidence and professional skills.
48806 - DISSERTATION – 3 credit / 20 days of Inductive learning	Compiled work on a selected topic with guidance from a mentor. This module demonstrates the expertise and knowledge gained throughout the course.

OPTIONAL MODULES - CHOOSE ANY NINE MODULES FROM THE BELOW LIST - TOTALLING 27 CREDITS

48897 - Psychology – 3 credits/ 23 days of learning	***Compulsory in optional only for those who do not have a previous psychology background.*** **Knowledge about various theories of psychology, memory, cognition, learning etc.,**	
48808 – SPIRITUAL INTELLIGENCE	48813 – INTERPERSONAL CONFLICT	48818 – MINDFULNESS
48809 – WELLNESS COUNSELLING	48814 – INTERPERSONAL COMMUNICATION	48819 – CRITICAL DECISION MAKING
48810 – INTEGRATING SPIRITUALITY INTO COUNSELING	48815 – BRAIN, MIND, SOUL AND SPIRIT	48820 – CASE MODULES – FOR SELF EMPOWERMENT
48811 – SPIRITUALITY & EMOTIONAL INTELLIGENCE	48816 - HAPPINESS	48821 – MOTIVATIONAL INTERVIEWING
48812 – REFLECTIVE PRACTICE	48817 – POSITIVE PSYCHOLOGY INTERVENTIONS	48822 – SPIRITUAL COUNSELLING
48823 – MIND–BODY ENERGY HEALING APPROACHES	48824 – CONTEMPLATIVE PRACTICES & INNER AWARENESS	48825 – MEANING-MAKING & LIFE PURPOSE EXPLORATION
48826 – SPIRITUAL COPING FOR STRESS & GRIEF	48827 – COMPASSION-FOCUSED PRACTICES	48828 – INTEGRATING ETHICS & SPIRITUAL BOUNDARIES IN COUNSELLING
Course Fee	**Learners from India**	**International Learners**
SESSION BASED LEARNING **1:1 Trainer Orientation for Each Module, with Supporting Learning Materials & dedicated WhatsApp Query Support**	**Full Course Fee - ₹32,800/- Includes 15 Live 1:1 Sessions**	**Full Course Fee - $630 Includes 15 One-to-One Live Sessions**
EMAIL-BASED LEARNING **Supporting Learning Materials, Dedicated Trainer & Email Query Support**	**₹ 16, 800/- | Full Course Fee**	**$480 | Full Course Fee**

For Admissions - To Know about Course details and Commencement dates, Text or WhatsApp Course No and Your Email ID to 0091 979 00 88 002 or email us at info@ihmh.in / info@ihmh.org