Course Name	–	**POST GRADUATE DIPLOMA IN FAMILY MARITAL COUPLE COUNSELLING**
Course Duration	–	12 months / 48 credits / Maximum 15 Modules / 24x7 Virtual Support /**(CNO 489)**
Course Mode	–	Online / Downloadable & Reusable Materials / Trainer-Led 15 One-to-One Live Sessions
Course Structure	–	21 credits compulsory + 27 credits optional (as per learner's selection)/Advanced
Eligibility	–	10+2+3 or 15+2 Years (social work/management/psychology/health/training/hd)
Interaction	-	24/7 Advisor Call Support – 24/7 Guide Email Support / Self-paced or Scheduled

COMPULSORY MODULES - 21 CREDITS / 6 MODULES / 5 MONTHS

48901 – FAMILY COUNSELLING – 4 credits / 30 days learning	**Explores principles, approaches, and practices in family counselling.**
48902 – COUPLE AND MARITAL COUNSELLING – 4 credits / 30 days learning	**Focuses on counselling techniques for couples and marital relationships**
48903 - FAMILY, MARITAL AND COUPLE THERAPY STRATEGIES & TECHNIQUES – I – 4Cr	**Introduces core therapeutic methods for family and couple therapy.**
48904 – FAMILY, MARITAL AND COUPLE THERAPY STRATEGIES & TECHNIQUES - II – 4Cr	**Covers advanced tools and applications for effective counselling practice.**
48905 - PRAGMATISM – CASE WORK – 2 credit / 10 days of learning	**Engage in practical case work to apply theory in real-life settings. This module enhances your confidence and professional skills.**
48906 - DISSERTATION – 3 credit / 20 days of Inductive learning	**Compiled work on a selected topic with guidance from a mentor. This module demonstrates the expertise and knowledge gained throughout the course.**

OPTIONAL MODULES - CHOOSE ANY NINE MODULES FROM THE BELOW LIST - TOTALLING 27 CREDITS

48997 - Psychology – 3 credits/ 23 days of learning	***Compulsory in optional only for those who do not have a previous psychology background.*** **Knowledge about various theories of psychology, memory, cognition, learning etc.,**	
48908 –FMC COUNSELLING PROCESS	48913 – ADVANCED COUNSELLING TECHNIQUES	48918 – COUPLE ISSUES (CASE APPROACH)
48909 – FMC COUNSELLING SKILLS	48914 – RELATIONSHIP TRAINING	48919 – FAMILY ISSUES (CASE APPROACH)
48910 – PSYCHOANALYTIC COUPLE THERAPY	48915 – SHORT TERM COUPLE THERAPY	48920 – MARITAL CONFLICTS (CASE APPROACH)
48911 – INTERPERSONAL RELATIONSHIPS	48916 - MEDIATION PROCESS	48921 – FAMILY THERAPY PRACTICE
48912 – FAMILY THERAPY INTERVENTIONS	48917 – EMOTION FOCUSED COUPLE THERAPY	48922 – ASSESSMENT IN COUPLE AND FAMILY THERAPY
48923 – Parenting & Co-Parenting Counselling	48924 – Communication Skills for Couples & Families	48925 – Intimacy, Attachment & Bonding Patterns
48926 – Managing Toxic & High-Conflict Relationships	48927 – Family Systems Assessment & Genograms	48928 – Cultural Perspectives in Couple & Family Counselling
Course Fee	**Learners from India**	**International Learners**
SESSION BASED LEARNING **1:1 Trainer Orientation for Each Module, with Supporting Learning Materials & dedicated WhatsApp Query Support**	**Full Course Fee - ₹32,800/- Includes 15 Live 1:1 Sessions**	**Full Course Fee - $630 Includes 15 One-to-One Live Sessions**
EMAIL-BASED LEARNING **Supporting Learning Materials, Dedicated Trainer & Email Query Support**	**₹ 16, 800/- | Full Course Fee**	**$480 | Full Course Fee**

For Admissions - To Know about Course details and Commencement dates, Text or WhatsApp Course No and Your Email ID to 0091 979 00 88 002 or email us at info@ihmh.in / info@ihmh.org