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| Course Name      | – | <b>POST GRADUATE DIPLOMA IN PLAY THERAPY (CNO 492)</b>                            |
| Course Duration  | – | 12 months / 48 credits / Maximum 15 Modules / 24x7 Virtual Support                |
| Course Mode      | – | Online / Downloadable & Reusable Materials / Guide Assisted / Interactive         |
| Course Structure | – | 21 credits compulsory + 27 credits optional (as per learner's selection)/Advanced |
| Eligibility      | – | 10+2+3 or 15+2 Years (social work/management/psychology/hr/training/hd/edu)       |
| Interaction      | - | 24/7 Advisor Call Support – 24/7 Guide Email Support / Self-paced or Scheduled    |

**COMPULSORY MODULES - 21 CREDITS / 6 MODULES / 5 MONTHS**

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| <b>49201 – PLAY THERAPY</b><br>– 4 credits / 30 days learning                     | Introduction to principles and practices of play therapy.   |
| <b>49202 – PLAY THERAPY TECHNIQUES - I</b><br>– 4 credits / 30 days learning      | Covers basic play therapy tools and applications.   |
| <b>49203 - PLAY THERAPY TECHNIQUES – II</b><br>– 4 credits / 30 days of learning  | Explores advanced play-based therapeutic methods.   |
| <b>49204 – PLAY THERAPY TECHNIQUES – III</b><br>– 4 credits / 30 days of learning | Focuses on specialized play therapy interventions.  |
| <b>49205 - PRAGMATISM – CASE WORK</b><br>– 2 credit / 10 days of learning         | Engage in practical case work to apply theory in real-life settings. This module enhances your confidence and professional skills.                |
| <b>49206 - DISSERTATION</b><br>– 3 credit / 20 days of Inductive learning         | Compiled work on a selected topic with guidance from a mentor. This module demonstrates the expertise and knowledge gained throughout the course. |

**OPTIONAL MODULES - CHOOSE ANY NINE MODULES FROM THE BELOW LIST - TOTALLING 27 CREDITS**

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| <b>49297 - Psychology</b><br>– 3 credits/ 23 days of learning | <i>Compulsory in optional only for those who do not have a previous psychology background. Knowledge about various theories of psychology, memory, cognition, learning etc.,</i> |  |
| 49208 – PLAY THERAPY EXERCISES                                | 49213 – SCHOOL-BASED PLAY THERAPY  | 49218 – TRAUMA-INFORMED PLAY THERAPY                 |
| 49209 – PLAY THERAPY ACTIVITIES                               | 49214 – PLAY THERAPY WITH CBT  | 49219 – GROUP FILIAL THERAPY                         |
| 49210 – GROUP PLAY THERAPY TECHNIQUES                         | 49215 – GAME PLAY THERAPY  | 49220 – CREATIVE PLAY THERAPY                        |
| 49211 – PLAY THERAPY PRACTICE                                 | 49216 - CHILD-CENTRED PLAY THERAPY   | 49221 – CASE MODULES –FOR CHILD & ADOLESCENT ISSUES  |
| 49212 – PLAY THERAPY DOCUMENTATION                            | 49217 – ATTACHMENT-FOCUSED FAMILY PLAY THERAPY   | 49222 – CASE MODULES –FOR ADULT ISSUES               |
| 49223 – SAND TRAY & SAND PLAY THERAPY                         | 49224 – EXPRESSIVE ARTS INTEGRATION IN PLAY THERAPY  | 49225 – PLAY THERAPY FOR NEURODIVERGENT              |
| 49226 – PARENT–CHILD INTERACTION PLAY THERAPY                 | 49227 – ETHICAL & CULTURAL CONSIDERATIONS IN PLAY THERAPY  | 49228 – PLAY THERAPY ASSESSMENT & TREATMENT PLANNING |
| <b>Course Fee</b>   | <b>Learners from India</b>   | <b>International Learners</b>                        |
| <b>Life Member of IHMH</b>                                    | <b>₹15,200/-</b>   | <b>\$530</b>   |
| <b>Others</b>   | <b>₹16,800/-</b>   | <b>\$600</b>   |

For Admissions - To Know about Course details and Commencement dates, Text or WhatsApp Course No and Your Email ID to 0091 979 00 88 002 or email us at info@ihmh.in / info@ihmh.org

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