

Course Name	–	<b>POST GRADUATE DIPLOMA IN ART THERAPY (CNO 493)</b>
Course Duration	–	12 months / 48 credits / Maximum 15 Modules / 24x7 Virtual Support
Course Mode	–	Online / Downloadable & Reusable Materials / Guide Assisted / Interactive
Course Structure	–	21 credits compulsory + 27 credits optional (as per learner's selection)/Advanced
Eligibility	–	10+2+3 or 15+2 Years (social work/management/psychology/hr/training/hd/edu)
Interaction	-	24/7 Advisor Call Support – 24/7 Guide Email Support / Self-paced or Scheduled

**COMPULSORY MODULES - 21 CREDITS / 6 MODULES / 5 MONTHS**

<b>49301 – ART THERAPY</b> – 4 credits / 30 days learning	Introduction to concepts, approaches, and uses of art in therapy.
<b>49302 – ART THERAPY TECHNIQUES - I</b> – 4 credits / 30 days learning	Covers foundational methods of therapeutic art practices.
<b>49303 - ART THERAPY TECHNIQUES – II</b> – 4 credits / 30 days of learning	Focuses on advanced art-based therapeutic strategies.
<b>49304 – ART THERAPY TECHNIQUES – III</b> – 4 credits / 30 days of learning	Explores specialized and integrative art therapy interventions.
<b>49305 - PRAGMATISM – CASE WORK</b> – 2 credit / 10 days of learning	Engage in practical case work to apply theory in real-life settings. This module enhances your confidence and professional skills.
<b>49306 - DISSERTATION</b> – 3 credit / 20 days of Inductive learning	Compiled work on a selected topic with guidance from a mentor. This module demonstrates the expertise and knowledge gained throughout the course.

**OPTIONAL MODULES - CHOOSE ANY NINE MODULES FROM THE BELOW LIST - TOTALLING 27 CREDITS**

<b>49397 - Psychology</b> – 3 credits/ 23 days of learning	<i>Compulsory in optional only for those who do not have a previous psychology background. Knowledge about various theories of psychology, memory, cognition, learning etc.,</i>	
<b>49308 – ART THERAPY EXERCISES</b>	<b>49313 – MINDFUL ART THERAPY</b>	<b>49318 – VIRTUAL ART THERAPY</b>
<b>49309 – ART THERAPY ACTIVITIES</b>	<b>49314 – ENVIRONMENTAL ART THERAPY</b>	<b>49319 – ART THERAPY IN ASSESSMENT</b>
<b>49310 – GROUP ART THERAPY TECHNIQUES</b>	<b>49315 – CRAFT IN ART THERAPY</b>	<b>49320 – ART THERAPY AS INTERVENTION</b>
<b>49311 – ART THERAPY PRACTICE</b>	<b>49316 - CHILD ART THERAPY</b>	<b>49321 – CASE MODULES –FOR CHILD &amp; ADOLESCENT ISSUES</b>
<b>49312 – ART THERAPY DOCUMENTATION</b>	<b>49317 – ART THERAPY IN HEALTH CARE</b>	<b>49322 – CASE MODULES –FOR ADULT ISSUES</b>
<b>49323 – DIGITAL &amp; MULTIMEDIA ART THERAPY</b>	<b>49324 – TRAUMA-INFORMED ART THERAPY APPROACHES</b>	<b>49325 – ART THERAPY FOR NEURODIVERGENT</b>
<b>49326 – CULTURAL &amp; SYMBOLIC ART PRACTICES IN THERAPY</b>	<b>49327 – ART THERAPY FOR EMOTIONAL REGULATION</b>	<b>49328 – ART THERAPY TREATMENT PLANNING &amp; CASE FORMULATION</b>
<b>Course Fee</b>	<b>Learners from India</b>	<b>International Learners</b>
<b>Life Member of IHMH</b>	<b>₹ 15,200/-</b>	<b>\$530</b>
<b>Others</b>	<b>16, 800/-</b>	<b>\$600</b>

For Admissions -

To Know about Course details and Commencement dates, Text or WhatsApp Course No and Your Email ID to 0091 979 00 88 002 or email us at info@imh.in / info@imh.org

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