Course Name	–	**POST GRADUATE DIPLOMA IN NEURO LINGUISTIC PROGRAMMING**
Course Duration	–	12 months / 48 credits / Maximum 15 Modules / 24x7 Virtual Support / **(CNO 495)**
Course Mode	–	Online / Downloadable & Reusable Materials / Trainer-Led 15 One-to-One Live Sessions
Course Structure	–	21 credits compulsory + 27 credits optional (as per learner's selection)/Advanced
Eligibility	–	10+2+3 or 15+2 Years (social work/management/psychology/hr/training/hd/edu)
Interaction	-	24/7 Advisor Call Support – 24/7 Guide Email Support / Self-paced or Scheduled

COMPULSORY MODULES - 21 CREDITS / 6 MODULES / 5 MONTHS

49501 – COUNSELLING SKILLS – 4 credits / 30 days learning	**Builds essential communication and helping skills for effective counselling.**
49502 – COUNSELLING PROCESS – 4 credits / 30 days learning	**Covers structured steps and approaches in the counselling journey.**
49503 - COACHING AND MENTORING – 4 credits / 30 days of learning	**Introduces guidance methods to support personal and professional growth.**
49504 – NEURO LINGUISTIC PROGRAMMING – 4 credits / 30 days of learning	**Focuses on NLP principles, techniques, and applications in practice.**
49505 - PRAGMATISM – CASE WORK – 2 credit / 10 days of learning	**Engage in practical case work to apply theory in real-life settings. This module enhances your confidence and professional skills.**
49506 - DISSERTATION – 3 credit / 20 days of Inductive learning	**Compiled work on a selected topic with guidance from a mentor. This module demonstrates the expertise and knowledge gained throughout the course.**

OPTIONAL MODULES - CHOOSE ANY NINE MODULES FROM THE BELOW LIST - TOTALLING 27 CREDITS

49597 - Psychology – 3 credits/ 23 days of learning	***Compulsory in optional only for those who do not have a previous psychology background.*** **Knowledge about various theories of psychology, memory, cognition, learning etc.,**	
49508 – NLP TECHNIQUE'S PART 1	49513 – NLP COACHING	49518 – CASE MODULES – NLP FOR PHOBIA
49509 – NLP TECHNIQUE'S PART 2	49514 – NLP TOOLS	49519 – CASE MODULES – NLP FOR MANAGEMENT
49510 – NLP SKILLS	49515 – MODELLING	49520– CASE MODULES – NLP FOR SELF EMPOWERMENT
49511 – NLP & SOCIAL INTELLIGENCE	49516 - BRIEF NLP	49521 – MOTIVATIONAL INTERVIEWING
49512 – NLP FOR BUSINESS	49517 – NLP AT WORK	49522– CASE MODULES – NLP FOR GENERAL ISSUES
49523 – ADVANCED NLP LANGUAGE PATTERNS	49524 – TIMELINE THERAPY (NLP-BASED)	49525 – NLP FOR EMOTIONAL MASTERY & STATE MANAGEMENT
49526 – NLP FOR COMMUNICATION & INFLUENCE	49527 – NLP FOR LEADERSHIP & TEAM DYNAMICS	49528 – NLP FOR GOAL SETTING & PERSONAL TRANSFORMATION
Course Fee	**Learners from India**	**International Learners**
SESSION BASED LEARNING **1:1 Trainer Orientation for Each Module, with Supporting Learning Materials & dedicated WhatsApp Query Support**	**Full Course Fee - ₹32,800/- Includes 15 Live 1:1 Sessions**	**Full Course Fee - $630 Includes 15 One-to-One Live Sessions**
EMAIL-BASED LEARNING **Supporting Learning Materials, Dedicated Trainer & Email Query Support**	**₹ 16, 800/- | Full Course Fee**	**$480 | Full Course Fee**

For Admissions - To Know about Course details and Commencement dates, Text or WhatsApp Course No and Your Email ID to 0091 979 00 88 002 or email us at info@ihmh.in / info@ihmh.org