

Course Name	–	POST GRADUATE DIPLOMA IN COGNITIVE PSYCHOLOGY (CNO 497)
Course Duration	–	12 months / 48 credits / Maximum 15 Modules / 24x7 Virtual Support
Course Mode	–	Online / Downloadable & Reusable Materials / Guide Assisted / Interactive
Course Structure	–	21 credits compulsory + 27 credits optional (as per learner's selection)/Advanced
Eligibility	–	10+2+3 or 15+2 Years (social work/mgt/it/psychology/hr/training/hd/edu)
Interaction	-	24/7 Advisor Call Support – 24/7 Guide Email Support / Self-paced or Scheduled

COMPULSORY MODULES - 21 CREDITS / 6 MODULES / 5 MONTHS

49701 – COGNITIVE PSYCHOLOGY – I – 4 credits / 30 days learning	Introduces basic theories of attention, perception, memory, and thinking.
49702 – COGNITIVE PSYCHOLOGY – II – 4 credits / 30 days learning	Explores higher-order cognition including problem-solving and decision-making.
49703 – APPLIED COGNITIVE PSYCHOLOGY – I – 4 credits / 30 days of learning	Focuses on real-world applications of cognitive principles in learning and work.
49704 – APPLIED COGNITIVE PSYCHOLOGY – II – 4 credits / 30 days of learning	Covers advanced applications of cognition in technology, stress, and adaptation.
49705 – PRAGMATISM – CASE WORK – 2 credit / 10 days of learning	Engage in practical case work to apply theory in real-life settings. This module enhances your confidence and professional skills.
49706 – DISSERTATION – 3 credit / 20 days of Inductive learning	Compiled work on a selected topic with guidance from a mentor. This module demonstrates the expertise and knowledge gained throughout the course.

OPTIONAL MODULES - CHOOSE ANY NINE MODULES FROM THE BELOW LIST - TOTALLING 27 CREDITS

49708 – PSYCHOLOGY	49713 – CREATIVITY	49718 – THINKING
49709 – LEARNING	49714 – SMART THINKING	49719 – COGNITION FOR PROGRAMMER
49710 – MEMORY	49715 – WORKING MEMORY TRAINING	49720 – RETRAINING BRAIN
49711 – KNOWLEDGE	49716 - HOW BRAIN LEARNS	49721 – MOTIVATIONAL INTERVIEWING
49712 – PROBLEM SOLVING & DECISION MAKING	49717 – NEUROPLASTICITY	49722 – NEUROPLASTICITY FOR STRESS MANAGEMENT
49723 – COGNITIVE BIASES & HEURISTICS	49724 – METACOGNITION & SELF-REGULATION	49725 – ATTENTION & PERCEPTION
49726 – CRITICAL THINKING & REASONING SKILLS	49727 – EXECUTIVE FUNCTIONING & COGNITIVE CONTROL	49728 – COGNITIVE ASSESSMENT (INFORMAL TOOLS)
Course Fee	Learners from India	International Learners
Life Member of IHMH	₹ 15,200/-	\$530
Others	₹ 16,800/-	\$600

For Admissions - To Know about Course details and Commencement dates, Text or WhatsApp Course No and Your Email ID to 0091 979 00 88 002 or email us at info@imh.in / info@imh.org

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