

Certification Training	–	Practitioner Certification in Parenting Coaching (CN 848)
Course Duration	–	Customizable Online 12–30 Module (as per learners' choice) Highly Interactive
Course Mode	–	Online fixed scheduled interactive sessions with supporting learning materials
Course Structure	–	12–30 Modules – Fully Customizable – Trainer-Led Sessions – Daily / Weekly
Eligibility	–	Those who are working with Parents as a trainer or as a counsellor or as a educator
Learning Choice	–	Email & Whats App Based with Guide Assistance / Trainer Session Led Learning
Interactive Sessions	–	60min session/module (12–30 modules), sessions scheduled as per learner's choice
Email & Whats App	–	Module Materials with Guide Support through email and whats app voice /text messages

- ✓ Highly practical and delivery-focused - Covers both what to coach + how to coach and includes all the resources required to coach parents
- ✓ The certification course includes 12 mandatory modules and an additional set of 18+ optional modules. The prescribed course fee covers only the 12 mandatory modules.
- ✓ You need to select 12 modules from the below list as mandatory modules. If you wish, you may choose any number of optional modules by paying the corresponding additional fee per module.
- ✓ Selecting optional modules is completely voluntary — you may also choose to complete only the 12 mandatory modules by paying just the standard course fee.

84801	Foundations of Parenting Coaching - Defines the role, scope, and impact of a parenting coach in guiding families.
84802	Child & Adolescent Development - Covers developmental milestones with practical implications for parenting decisions.
84803	Parenting Styles & Modern Approaches - Links parenting styles to real behavioural outcomes in children.
84804	Understanding Child Behaviour - Interprets behaviour as communication and identifies root causes.
84805	Managing Tantrums & Emotional Outbursts - Provides step-by-step strategies to handle meltdowns and emotional dysregulation.
84806	Handling Hyperactivity & Attention Challenges - Equips parents to manage high energy, impulsivity, and focus-related concerns.
84807	Positive Discipline & Boundary Setting - Teaches firm yet respectful discipline without punishment or fear.
84808	Screen Time & Digital Addiction Management - Offers practical frameworks to regulate screen use and prevent dependency.
84809	Social Skills & Peer Interaction Coaching - Helps parents guide children in friendships, sharing, and social confidence

84810	Building Confidence & Self-Esteem in Children - Focuses on empowering children to believe in themselves and take initiative.
84811	Encouraging Goal Setting & Dream Building - Guides parents to nurture ambition, curiosity, and long-term vision in children.
84812	Emotional Intelligence & Regulation in Children - Teaches parents how to build emotional awareness and coping skills.
84813	Child Mental Health Red Flags - Depression, suicidal talk, self-harm indicators
84814	Sex Education & Body Safety Conversations - Prepares parents to handle age-appropriate, safe, and value-based discussions.
84815	Parenting for Academic & Learning Success - Supports motivation, study habits, and handling academic pressure.
84816	Attachment, Bonding & Secure Relationships - Strengthens emotional connection between parent and child.
84817	Family Dynamics & Parenting Consistency - Addresses co-parenting, conflicts, and consistency in rules and responses.
84818	Parenting Stress & Emotional Self-Regulation - Helps parents manage their own triggers, burnout, and reactions.
84819	Mindful & Conscious Parenting Practices - Builds awareness-driven, intentional parenting habits.
84820	Parenting Children with Special Needs - Introduces strategies for ADHD, autism, and learning differences.
84821	Parenting Children with Special Needs - Introduces strategies for CP, Down's, and ID.
84822	Trauma-Informed Parenting - Guides parents to respond sensitively to emotional wounds and adverse experiences.
84823	Core Coaching Skills for Parenting Coaches - Develops listening, questioning, and facilitation skills.
84824	Coaching Process & Parent Engagement - Structures sessions, goal setting, and progress tracking.
84825	Ethics & Professional Boundaries - Ensures safe, confidential, and ethical coaching practice.
84826	Practicum: Case Work, Role Play & Supervised Coaching - Hands-on practice with real-life parenting scenarios and feedback.
84827	Parenting Newborns (First Year) - Focuses on responsive caregiving, bonding, and meeting the infant's physical and emotional needs.
84828	Parenting Toddlers (1–2 Years) - Covers managing early independence, tantrums, and language and motor development.
84829	Parenting Kids (3–8 Years) - Guides behaviour shaping, social skills, learning habits, and emotional development.

84830	Parenting Tweens (9–12 Years) - Addresses pre-adolescent changes, peer influence, and building responsibility and self-awareness.	
84831	Parenting Teens (13–16 Years) - Focuses on identity formation, emotional regulation, risk behaviour, and communication.	
84832	Parenting pre-youth (17+ Years) - Prepares parents to support independence, decision-making, and transition to adulthood.	
84833	Supporting Career Decision Making - Equips parents to guide children in identifying interests, strengths, and informed career choices.	
84834	Supporting Skill Development - Focuses on nurturing life skills, problem-solving, creativity, and real-world competencies.	
Course Fee	Learners from India	Learners from other countries
1:1 Guided Orientation via Google Meet/Zoom with Supporting Learning Materials & Dedicated WhatsApp Query Support	12 Modules + 12 Dedicated One-to-One Sessions (1 session per module) – ₹32,800 Extended Learning (Optional): From Module 13 up to Module 30 – ₹2,400 per module, including one dedicated session per module.	12 Modules + 12 Dedicated One-to-One Sessions (1 session per module) – \$560 Extended Learning (Optional): From Module 13 up to Module 30 – \$30 per module, including one dedicated session per module.
Email-Based Learning with Dedicated WhatsApp Query Support	12 Modules with Email-Based Learning & WhatsApp Query Support – ₹21,800 Extended Learning (Optional): Modules 13 to 30 – ₹1,600 per module, including dedicated WhatsApp and email support.	12 Modules with Email-Based Learning 7 WhatsApp Query Support – \$360 Extended Learning (Optional): Modules 13 to 30 – \$20 per module , including dedicated WhatsApp and email support.

For Admissions - To Know about Course details and Commencement dates, Text or WhatsApp Course

No and Your Email ID to 0091 979 00 88 002 or email us at info@ihmh.in / info@ihmh.org

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