

Certification Training	–	Advanced Practitioner Certification in Relationship Coaching (CN 860) (Empowerment Focused)
Course Duration	–	Customizable Online 12–30 Module (as per learners' choice) Highly Interactive
Course Mode	–	Online fixed scheduled interactive sessions with supporting learning materials
Outcome Focus	–	A skills-dominant, case-driven certification that trains learners to work directly with clients using structured coaching frameworks and intervention models (non-clinical). Case handling competence - Session structuring & delivery - Intervention selection - Real-life relationship problem-solving.
Course Structure	–	12–30 Modules – Fully Customizable – Trainer-Led Sessions – Daily / Weekly
Eligibility	–	Those who are working as a trainer or as a counsellor or social worker or therapist
Learning Choice	–	Email & Whats App Based with Guide Assistance / Trainer Session Led Learning
Interactive Sessions	–	60min session/module (12–30 modules), sessions scheduled as per learner's choice
Email & Whats App	–	Module Materials with Guide Support through email & whats app voice /text messages

- ✓ This certification develops the skills required to coach couples toward constructive change and relational well-being.
- ✓ Learn by doing – high emphasis on case simulations, role plays, and intervention design
- ✓ Highly practical and delivery-focused - Covers both what to teach + how to teach and covers what is required to teach for relationship empowerment.
- ✓ The certification course includes 12 mandatory modules and an additional set of 40+ optional modules. The prescribed course fee covers only the 12 mandatory modules. The initial four modules are mandatory; the remaining modules are elective and open for selection.
- ✓ You need to select 12 modules from the below list as mandatory modules. If you wish, you may choose any number of optional modules by paying the corresponding additional fee per module.
- ✓ Selecting optional modules is completely voluntary — you may also choose to complete only the 12 mandatory modules by paying just the standard course fee.

86001	Essential Mental Health Frameworks: Red Flags, Neurobiology & Supportive Practices
86002	Learning Relationship Coaching Skills & Process
86003	Coaching Tools - I
86004	Coaching Tools - II
86005	Coaching for Compatibility & Alignment - Helps partners understand values, expectations, and long-term alignment.
86006	Coaching for Effective Communication - Builds clear, respectful, and open communication habits.
86007	Coaching for Active Listening & Understanding - Develops listening skills that improve connection and reduce misunderstandings.

86008	Coaching for Emotional Expression - Encourages healthy sharing of thoughts and feelings.
86009	Coaching for Trust Building - Supports developing reliability, transparency, and mutual confidence.
86010	Coaching for Emotional Connection & Bonding - Strengthens closeness, affection, and emotional intimacy.
86011	Coaching for Appreciation & Gratitude - Builds positive reinforcement and recognition in relationships.
86012	Coaching for Quality Time & Connection Rituals - Helps create meaningful shared experiences and routines.
86013	Coaching for Individual Identity within Relationships - Maintains personal growth while being in a relationship.
86014	Coaching for Healthy Boundaries - Teaches setting and respecting personal limits.
86015	Coaching for Mutual Respect & Equality - Promotes fairness, respect, and balanced roles.
86016	Coaching for Shared Goals & Vision - Aligns partners on future plans and aspirations.
86017	Coaching for Decision-Making as a Couple - Builds collaborative decision-making skills.
86018	Coaching for Life Transitions (Marriage, Career, Relocation) - Prepares couples for major life changes.
86019	Coaching for Conflict Navigation (Non-Intense) - Teaches handling disagreements constructively (not deep conflict repair).
86020	Coaching for Problem Solving as a Couple - Builds teamwork in handling everyday challenges.
86021	Coaching for Flexibility & Adaptability - Encourages adjusting to changing situations.
86022	Coaching for Emotional Intelligence in Relationships - Builds empathy, awareness, and emotional responsiveness.
86023	Coaching for Managing Expectations - Helps set realistic and healthy expectations.
86024	Coaching for Positive Mindset in Relationships - Encourages optimism and solution-focused thinking.
86025	Coaching for Fun, Playfulness & Joy - Encourages lightness and enjoyment in relationships.
86026	Coaching for Romance & Connection Building - Supports intentional effort toward closeness.
86027	Coaching for Appreciation of Differences - Builds acceptance of personality and habit differences.
86028	Coaching for Family Integration & Social Balance - Helps manage extended family and social dynamics.
86029	Coaching for Work-Life Relationship Balance - Aligns professional and personal priorities.
86030	Coaching for Relationship Check-ins & Reflection - Builds regular review and improvement habits.
86031	Coaching for Accountability in Relationships - Encourages responsibility and follow-through.
86032	Coaching for Growth Mindset in Relationships - Promotes continuous learning and improvement together.

86033	Coaching for Confidence in Relationships - Builds self-assurance in expressing needs.	
86034	Coaching for Social Skills & Interaction - Improves interpersonal effectiveness.	
86035	Coaching for Healthy Independence vs Togetherness - Balances closeness with individuality.	
86036	Coaching for Pre-Marital Preparation - Prepares couples for expectations and readiness.	
86037	Coaching for Early Relationship Building - Guides individuals in starting healthy relationships.	
86038	Coaching for Relationship Maintenance - Focuses on sustaining long-term healthy relationships.	
86039	Coaching for Personal Growth through Relationships - Uses relationships as a medium for self-development.	
Course Fee	Learners from India	Learners from other countries
1:1 Guided Orientation via Google Meet/Zoom with Supporting Learning Materials & Dedicated WhatsApp Query Support	12 Modules + 12 Dedicated One-to-One Sessions (1 session per module) – ₹32,800 Extended Learning (Optional): From Module 13 up to Module 30 – ₹2,400 per module, including one dedicated session per module.	12 Modules + 12 Dedicated One-to-One Sessions (1 session per module) – \$560 Extended Learning (Optional): From Module 13 up to Module 30 – \$30 per module, including one dedicated session per module.
Email-Based Learning with Dedicated WhatsApp Query Support	12 Modules with Email-Based Learning & WhatsApp Query Support – ₹21,800 Extended Learning (Optional): Modules 13 to 30 – ₹1,600 per module, including dedicated WhatsApp and email support.	12 Modules with Email-Based Learning 7 WhatsApp Query Support – \$360 Extended Learning (Optional): Modules 13 to 30 – \$20 per module, including dedicated WhatsApp and email support.

For Admissions - To Know about Course details and Commencement dates, Text or WhatsApp
Course No and Your Email ID to 0091 979 00 88 002 or email us at info@ihmh.in / info@ihmh.org

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