

Certification Training	–	Advanced Practitioner Certification in Relationship Counselling (CN 866) (healing focused)
Course Duration	–	Customizable Online 12–30 Module (as per learners' choice) Highly Interactive
Course Mode	–	Online fixed scheduled interactive sessions with supporting learning materials
Outcome Focus	–	A practice-intensive, intervention-oriented certification designed to train learners to handle relationship issues using counselling frameworks and therapy-informed tools. Case formulation & therapeutic understanding - Issue-specific intervention planning Use of counselling and therapy tools - Handling complex emotional and relational concerns
Course Structure	–	12–30 Modules – Fully Customizable – Trainer-Led Sessions – Daily / Weekly
Eligibility	–	Those who are working as a trainer or as a counsellor or social worker or therapist
Learning Choice	–	Email & Whats App Based with Guide Assistance / Trainer Session Led Learning
Interactive Sessions	–	60min session/module (12–30 modules), sessions scheduled as per learner's choice
Email & Whats App	–	Module Materials with Guide Support through email & whats app voice /text messages

- ✓ This certification equips learners to assess, understand, and support diverse relationship issues using structured counselling and therapy-informed approaches.
- ✓ Therapy tools and techniques content - Highly practical and delivery-focused - Covers counselling skills, counselling process, counselling techniques, talk & expressive therapies. Depth & Intervention – focuses on understanding and addressing issues, not just guiding conversations
- ✓ The certification course includes 12 mandatory modules and an additional set of 40+ optional modules. The prescribed course fee covers only the 12 mandatory modules. The initial six modules are mandatory; the remaining modules are elective and open for selection.”
- ✓ You need to select 12 modules from the below list as mandatory modules. If you wish, you may choose any number of optional modules by paying the corresponding additional fee per module.
- ✓ Selecting optional modules is completely voluntary — you may also choose to complete only the 12 mandatory modules by paying just the standard course fee.

86601	Understanding Mental Health: Warning Signs, Brain Chemistry & Well-being Practices
86602	Relationship Counselling Skills
86603	Relationship Counselling Process

86604	CBT, DBT, ACT & Mindfulness Techniques
86605	Art & Play Therapy Techniques
86606	Narrative Therapy and other important Solution Focused Techniques
86607	Counselling Trust Issues in Relationships - Applies structured interventions to rebuild trust, address insecurity, and restore emotional safety.
86608	Counselling Infidelity & Betrayal Cases - Focuses on managing emotional fallout, facilitating repair, and guiding trust rebuilding.
86609	Counselling Guilt, Shame & Self-Blame in Relationships - Helps clients process guilt and reduce toxic self-blame through reframing and emotional work.
86610	Counselling Anger & Aggression in Relationships - Applies regulation techniques to manage anger and prevent destructive interactions.
86611	Counselling Compatibility & Value Conflicts - Addresses differences in values, expectations, and long-term alignment.
86612	Counselling Communication Breakdown Cases - Works on restoring healthy dialogue and resolving repeated misunderstandings.
86613	Counselling Emotional Distance & Disconnection - Focuses on rebuilding intimacy, connection, and emotional engagement.
86614	Counselling Jealousy, Possessiveness & Insecurity - Addresses fear of loss, control behaviours, and emotional instability.
86615	Counselling Toxic & Unhealthy Relationship Patterns - Identifies and intervenes in harmful cycles like control, manipulation, or dependency.
86616	Counselling Co-dependency & Attachment Issues - Works on unhealthy dependence and building emotional independence.
86617	Counselling Breakup, Separation & Divorce Cases - Supports emotional processing, closure, and transition.
86618	Counselling One-Sided Relationships & Rejection - Helps individuals cope with unreciprocated emotions and acceptance.
86619	Counselling Family Interference & In-Law Conflicts - Addresses external pressures impacting the relationship.
86620	Counselling Financial Conflicts in Relationships - Focuses on money-related disagreements and value differences.
86621	Counselling Parenting Conflicts Between Couples - Helps align parenting approaches and reduce conflict.
86622	Counselling Repeated Conflict Cycles (Chronic Cases) - Breaks long-standing patterns of recurring conflicts.

86623	Counselling Emotional Dependency & Fear of Abandonment - Builds emotional stability and self-security.	
86624	Counselling Loss of Intimacy & Relationship Satisfaction - Focuses on restoring closeness and relationship quality.	
86625	Counselling Mistrust Due to Past Trauma - Addresses past experiences affecting current relationships.	
86626	Counselling Decision-Making in Relationships (Stay vs Leave) - Guides clients through major relationship decisions with clarity.	
Course Fee	Learners from India	Learners from other countries
1:1 Guided Orientation via Google Meet/Zoom with Supporting Learning Materials & Dedicated WhatsApp Query Support	12 Modules + 12 Dedicated One-to-One Sessions (1 session per module) – ₹32,800 Extended Learning (Optional): From Module 13 up to Module 30 – ₹2,400 per module, including one dedicated session per module.	12 Modules + 12 Dedicated One-to-One Sessions (1 session per module) – \$560 Extended Learning (Optional): From Module 13 up to Module 30 – \$30 per module, including one dedicated session per module.
Email-Based Learning with Dedicated WhatsApp Query Support	12 Modules with Email-Based Learning & WhatsApp Query Support – ₹21,800 Extended Learning (Optional): Modules 13 to 30 – ₹1,600 per module, including dedicated WhatsApp and email support.	12 Modules with Email-Based Learning 7 WhatsApp Query Support – \$360 Extended Learning (Optional): Modules 13 to 30 – \$20 per module , including dedicated WhatsApp and email support.

For Admissions - To Know about Course details and Commencement dates, Text or WhatsApp Course No and Your Email ID to 0091 979 00 88 002 or email us at info@ihmh.in / info@ihmh.org

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